

Module 2 – Spirit building 5 –Visualisation

Session 05

We are going on a journey or an adventure together - systematic way

- Journey of discovering how to engage the spiritual realms
- Discovering the realms within us, around us and the heavenly realms
- There are 2 main pathways that we are going to follow

Pathway of **relationship** that leads to deeper intimacy with God

•Flowing from inside out - heaven to our gateways of spirit, soul, body to the world around us

•Pathway of **responsibility** that leads to greater kingdom rulership

•Flowing from outside in from earth to heaven as living sacrifices to rule.

Don't do this

- Have unconfessed sin
- Have a pre-conceived attitude
- Be independent: I can
- Read quickly
- Rely on reason & analysis only
- Read without specific purpose
- Take credit for insights

Do do this

- Apply the blood of Jesus
- Have a teachable attitude
- Lord, show me
- Slow down, ponder, muse
- Combine anointed reason
- Read with focused purpose
- Glorify God for insights

Hab 2:1 I will stand on my guard post And station myself on the rampart; And I will keep watch to see what He will speak to me.. 2 Then the LORD answered me and said "Record the vision

- Recognise God's voice as spontaneous thoughts in your mind
- Quieten yourself so you can hear
- Look for vision
- Write down the flow of your thoughts

Key 3 Fix the eyes of your heart upon Jesus, to look in the Spirit for dreams and visions of God.

•Habakkuk said, "I will keep watch to see," and God said, "Record the vision" (Hab. 2:1,2).

•Habakkuk was looking for vision as he prayed.

•He opened the eyes of his heart, and looked into the spirit world to see what God wanted to show him.

Vision – seeing or perceiving

- Open our eyes to see physically
- Open the eyes of our heart and spirit for spiritual vision
- Visions, dreams, prophetic pictures God communicating with us
- Activate our imaginations to see into the word, spirit realm within us and around us and in dimensions of heavenlies

Obstacles: – no value, blockages, religious mind-sets, religious spirits

- Involuntary vs voluntary
- Don't look for experience! - Why not
- Experience is subjective - And?

- Knowing by experience is personal
- Seeing is sometimes symbolic in nature

Mystic or mystical

- Ecstatic, ecstasy – negative - why?
- Euphoric, blissful, joyous, elated
- Trances, visions, out of body experiences – suspicion
- We must not try to induce trances etc. by using techniques
- We can be open to experience by looking for it

Mystic Mystical is difficult for many.

- Webster defines it as “the belief that direct knowledge of God, spiritual truth, or ultimate reality can be attained through subjective experience (as intuition or insight)”
- You can trust My voice in your heart more than you can trust the reasoned theology of your mind. – Mark Virkler

Evangelicalism has a 500 year old history of making Christianity mainly a rational and theological understanding about God, rather than an actual ongoing personal experiential encounter with Him.

- A living encounter with the living God beats a theology about Him.

Mystic Mystical

- A person who tries to gain religious or spiritual knowledge through prayer and deep thought
- A person who claims to attain, or believes in the possibility of attaining, insight into mysteries transcending ordinary human knowledge, as by direct communication with God

A mystic is someone who has a direct experience of God.

- Many mystics are broad-thinking, intelligent and have a good grasp of the concepts of infinity and transcendence.
- I include myself in that category

Many people today see mysticism as a facet of new-age or Eastern religious thought. However, Christian mysticism is as old as Christianity itself.

- The first Christian mystics were the apostles including John and Paul
- The Gospel of John presents a mystic's view of the life and work of Jesus.
- Paul did not know if his heavenly encounter was in or out of the body.

Mysticism, immediate, direct, intuitive knowledge of God or of ultimate reality attained through personal religious experience.

- The authenticity of any such experience, however, does not depend on the form but solely on the quality of life that follows the experience. Fruit is the key

Monks such as Meister Eckhart, Saint Bernard of Clairvaux, Saint Francis of Assisi, and Saint John of the Cross were dominant figures in mysticism.

- A number of the most distinguished Christian mystics have been women, notably Saint Catherine of Siena and Saint Teresa of Avila.
- Celtic mystics St Cuthbert, Brenden,

According to Celtic tradition, when John leaned against Jesus at the Last Supper, he heard the heartbeat of God.

- Therefore, St John became a symbol of listening for the life of God in ourselves, and in all creation.

On the surface, **a Christian mystic and a New Ager** might look the same: they both experience dreams, visions, voices, impressions, and signs from the supernatural realm.

- They also both get quiet and still in order to practice meditation.

They also both experience spiritual ecstasies or “altered states of consciousness.”

- On the surface level, Christian mystics and New Agers seem to be having the same spiritual experiences and practicing the same thing: meditation.

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- On the surface level, Evangelical mystics and New Agers seem to be having the same spiritual experiences and practicing the same thing: meditation.

- So it is important to know the differences

- Motivation, purpose, source

- Belief systems

	New Agers	Evangelical Mystics
God	The Universe Including Man	The Father, Son, and Holy Spirit
Scripture	Hindu, Buddhist, Taoist, and Occult Texts	The Holy Bible
Man	God	A Creature Made in God’s Image
Sin	Not Realizing Everything is Divine	Human Nature; Breaking God’s Law
Salvation	Realizing You’re God in Meditation	Faith in Jesus’ Blood and Forgiveness
Afterlife	Reincarnation	Heaven or Hell

Power	The Indwelling of “Spirit Guides” (Demons)	The Indwelling and Baptism in the Holy Spirit
Church	The New Age Movement	Contemplative, Pentecostal, and Charismatic Christians
Teachers	Yogis, Gurus, Buddhist Monks, and Shamans	Catholic and Orthodox Mystics; Mystical Theologians
Meditation	Transcendental Meditation, Yoga, and Zen	Worship, Biblical Meditation, and Divine Contemplation
Revelation	Dreams, Visions, Voices, and Impressions	Dreams, Visions, Voices, and Impressions
Religions	Every Religion Leads to God (Syncretism)	Jesus is the Only Way to God (John 14:6)

God—an impersonal all-pervading energy.

- The Holy Spirit—an energy that can be used creatively or psychically.
- Jesus Christ—a New Age teacher and an illustration of an enlightened individual who realized he was God.
- Man—inwardly good and divine; thus he carries within himself all that he needs for time and eternity.
- Salvation—development of psychic powers and higher consciousness. This is achieved by looking inside one's self and practicing New Age techniques to finally attain awareness of personal divinity.

Sin—ignorance of personal divinity.

- Death—the moment one hopes to experience a merging with God, the all-pervading energy of the universe. This can only come if personal transformation or enlightenment has been obtained.
- Satan—normal consciousness; man existing in his state of unrealized potential.
- Heaven—good state of consciousness in this life.
- Hell—bad state of consciousness in this life.

True biblical kingdom experiences verses new age or occult counterfeits

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|-------------------------|-----------------------------|
| Transrelocation | - Astral projection |
| •Journaling | - Automatic handwriting |
| •Meditation | - Transcendental meditation |
| •Holy Spirit | - spirit guides |
| •Healing | - physic healing |
| •Healing oils | - aromatherapy |
| •Engaging heaven | - out of body experiences |
| •Visions, trances | - spirit quests |
| Guardian angels | - spirit guides |
| •Rivers of living water | - channelling spirits |
| •Holy Spirit | - Kundalini spirit |
| •Oneness | - yoga |
| •Spirit Soul Gateways | - chakras |
| •Eternity | - reincarnation |
| •Worship music | - trance music |
| •Prophecy | - fortune telling etc |

Acts 2:17 'And it shall be in the last days,' God says, ' That I will pour forth of My Spirit on all mankind; And your sons and your daughters shall prophesy, And your young men shall see visions, And your old men shall dream dreams;

- Open the eyes of our hearts and look for vision.
- God gave us eyes in our hearts to see in the spirit the vision of God

God is accessible today!

- He is a God that is nearby and not far away (Jer. 23:23)
- He is a God that can be felt, heard, and seen by His people through spiritual experiences today
- We should look like Habakkuk to see and experience God

1 Corinthians 2:16 For who has known the mind of the Lord , that he will instruct Him? But we have the mind of Christ.

- Eph 1:18 I pray that the eyes of your heart may be enlightened (opened), so that you will know

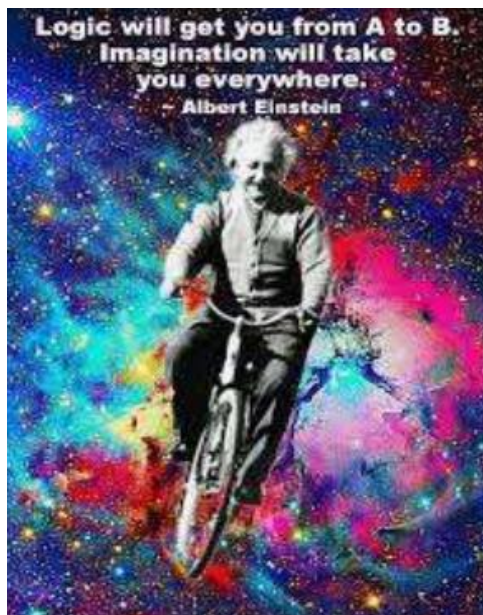
- Eyes of our heart is our imagination

- “Imagination is more important than knowledge.** For knowledge is limited to all we now know and understand, while imagination embraces the entire world, and all there ever will be to know and understand.”

- Albert Einstein

- “The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have created a society that honours the servant and has forgotten the gift.”

- Albert Einstein



Einstein said Imagination was greater than knowledge.

- Imagination is the gateway of possibility.

- The beginning of the spiritual substance for physical manifestation

- The DNA of creative power

- It is the window of the soul to unseen possibilities.

The catalyst for growth.

- The defining characteristic of a child like heart.

- We must learn to release the power of being made in the image of God

- We must learn to activate the creative power of our imaginations

- When your memories are greater than your dreams you're already dying.

God's language

- Flow of thoughts, pictures, words, impressions, perception

- Received and interpreted in our brains

- On the screen of our imagination

There is an active spirit world all around us, full of angels, demons, the Holy Spirit, the omnipresent Father, and His omnipresent Son, Jesus.

- The only reasons for me not to see this reality are unbelief or lack of knowledge.

In order to see, we must look.

- Daniel 7:2 “I was looking in my vision 9 “I kept looking 13 “I kept looking in the night visions, And behold,

- He saw a vision in his mind

- We must look for Jesus, and watch as He speaks to us and shows us the things that are on His heart.

Matt 7:7 “Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.

- We will find that if we will only look, we will see, in the same way we receive spontaneous thoughts.

Matt 1:23 “Behold, the virgin shall be with child and shall bear a Son, and they shall call His name Immanuel,” which translated means, “God with us.”

- You can see Jesus present with you because Jesus is present with you.

God communicates through spontaneous flow through the spirit

- Spirit sensations are received as a spontaneous flow to soul/heart

- When we relax, more blood flows to the right hemisphere; thus, a relaxed person can more readily access right-brain functions.

- When we seek God, divine revelation flows through the soul from the spirit to our conscious understanding

Visions is an example spirit to brain communication pictures on the imagination

- Small Still Voice is another example of frequency heard as thoughts in the mind.

- Intuition is another example from emotions

- Seeing is tuning in to a spiritual frequency for our brain to decode or interpret so we have understanding.

- Heb 5:14 practice to train our senses by repetition meditation.

Look into word of God to see it

- Enter into the word

- Experience the word

- Go through the word as a doorway to the reality the word reveals

- Experience and live in the reality of the realms of the spiritual world

- Imagination is the gateway and the screen

As you engage, fix the eyes of your heart upon Jesus, seeing in the spirit the dreams and visions of God.

- Journaling, the writing out what you see and hear brings great freedom in hearing and seeing God’s communication.

Vision may come so easily that you will be tempted to reject it, thinking that it is just you.

- If you persist in recording these visions, your doubt will soon be overcome by faith as you recognize that the content of them could only be birthed in God.

- Jesus demonstrated the ability of living out of constant contact with God - Mark Virkler

Beholding & becoming

- 2 Cor 3:18 But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as from the Lord, the Spirit.
- Fix your eyes of Jesus
- Heb 12:2 fixing our eyes on Jesus, the author and perfecter of faith

Exercises:

Activate our imagination open the eyes of heart and look

- Think about it and begin to picture it
 - Natural then spiritual – use word, a natural image or previous experience as a doorway
 - Journey learning to step into the experience
 - Pray in tongues 1 mins Out loud or within
 - Pray in tongues 1 mins Still mind, focus on Jesus relax
- Base Camp Spirit Building 5

Door think about it

- Door picture it in your mind
- River think about it
- River picture it in your mind
- Jesus think about Him
- Picture Him in your mind

Relax and listen and begin to picture and enter into the scene

- Picture a Beach