

## **Module 2 – Spirit building 1 – Intro**

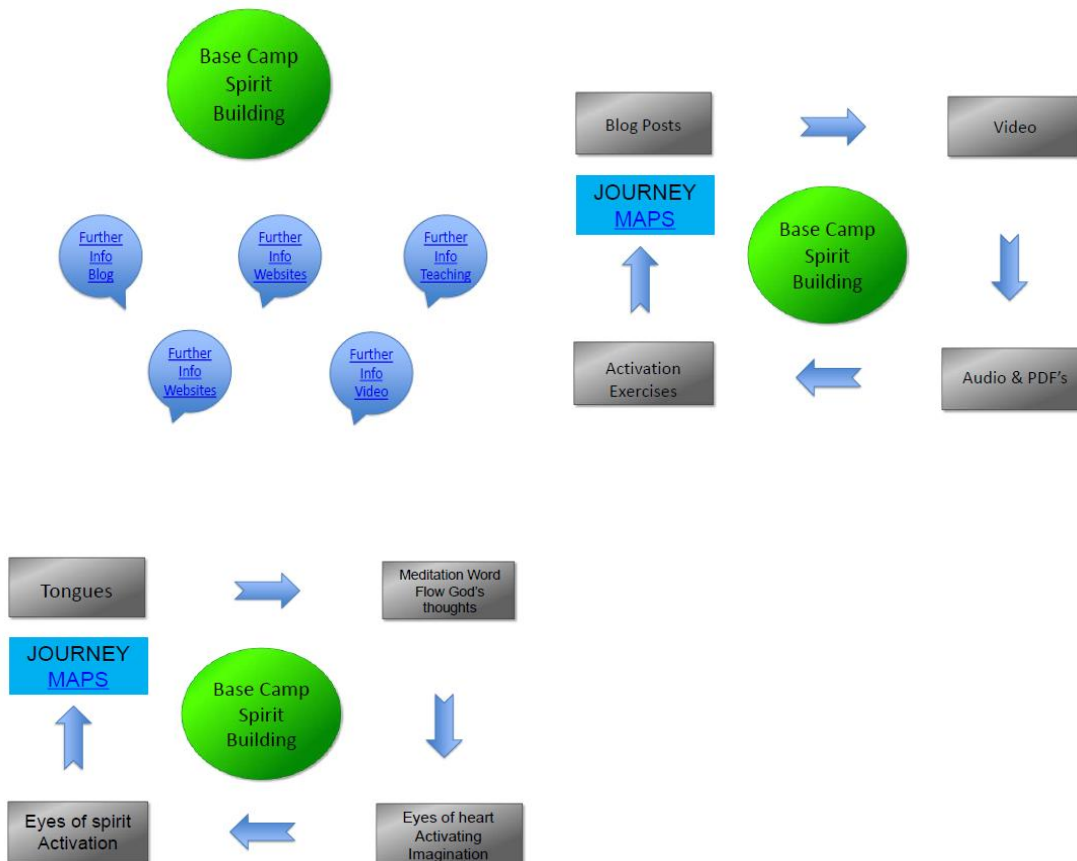
### Session 1 – BASE CAMP

#### **We are going on a journey or an adventure together - Map**

- Journey of discovering how to engage the spiritual realms
- Discovering the realms within us, around us and the heavenly realms
- There are 2 main pathways that we are going to follow

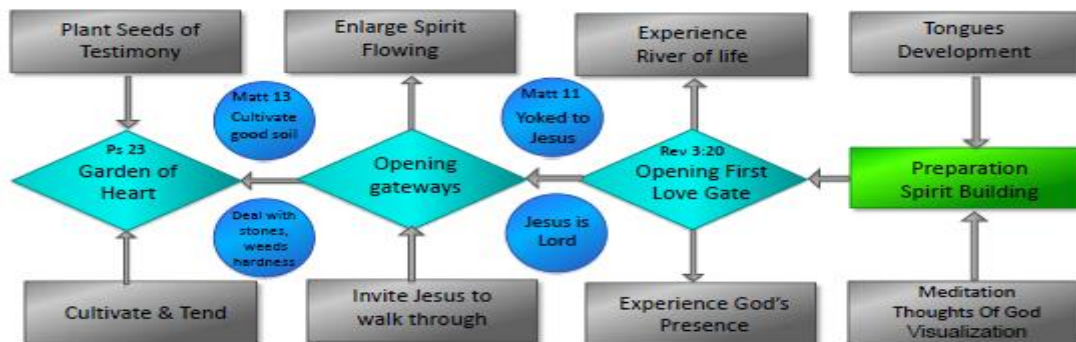
#### **Pathway of relationship that leads to deeper intimacy with God**

- Flowing from inside out - heaven to our gateways of spirit, soul, body to the world around us
- Pathway of responsibility that leads to greater kingdom rulership
- Flowing from outside in from earth to heaven as living sacrifices to rule.



## Pathway of Relationship

Flow from heaven inside out



### What is our spirit?

- Where does our spirit come from?
- What is our spirit made of?
- Where is our spirit?
- What does our spirit do?
- How do we engage our spirit?

1 John 5:5 This is the message we have heard from Him and announce to you, that God is Light,

• John 4:24 God is spirit, and those who worship Him must worship in spirit and truth.”

- God is spirit God is light
- We are spirit and our spirit is light

### We pre-existed in eternity as thoughts within the heart or mind of God

- Psa 139:13 For You formed my inward parts; You wove me in my mother's womb.
- 16 Your eyes have seen my unformed substance And in Your book were all written The days that were ordained for me, When as yet there was not one of them.

### Our spirit is our eternal essence it came from eternity and will return to it

- Pneuma, Ruach spirit (Spirit), wind, or breath
- Our spirit entered our cells at conception
- Our spirit is the centre of our being – our inner most being
- Our spirit is the purest representation of our true self
- Our spirit is not limited by time and space TARDIS

### Where is our spirit?

- Our spirit dwells in the brain and spinal column cavity and is separated from our blood
- Our spirit engages our soul/heart & body via the nervous system
- As a man thinks in his heart so is he
- Heart programmes our blood which forms in our marrow that is cleansed by the

words of faith engaged in communion

Red blood cells contain no DNA no nucleus carry oxygen breath to the brain

- The life is in the blood, red cells breath This can be programmed by the spirit
- White blood cells contain record of 22 + 22 autosomes generational genetic programming & 1+1 chromosomes

- Our DNA can be epigenetically resequenced by frequency, light, sound also by trauma and nurture

**Our spirit is a dimensional place that God dwells in and that can dwell in God**

- John 14:16 I will ask the Father, and He will give you another Helper,... 17 that is the Spirit of truth, .. He abides with you and will be in you.

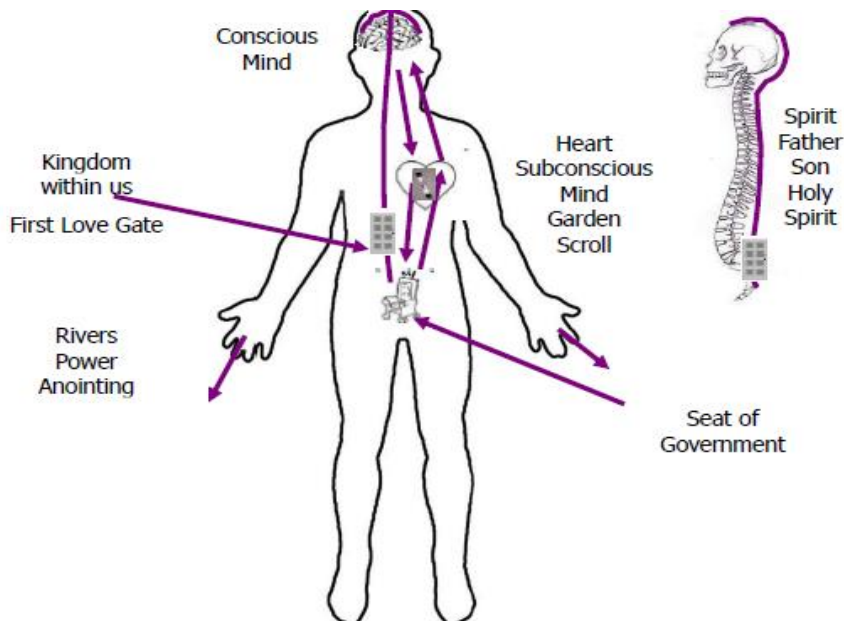
- John 14:20 In that day you will know that I am in My Father, and you in Me, and I in you. 23 ... We will come to him and make Our abode with him.

**We are a spirit we have a soul that lives in a body (an earth suit)**

- We are spirit the eternal essence of God within that receives spiritual revelation.
- We are a spirit being that is God conscious
- We have a soul that is self conscious and makes us a human being
- Our spirit and soul makes us a living being

In Adam the spirit was outside the body and as a light being he could travel in the spiritual realms

- Psa 8:4 What is man that You take thought of him, And the son of man that You care for him? 5 Yet You have made him a little lower than God, And You crown him with glory and majesty! 6 You make him to rule over the works of Your hands; You have put all things under his feet



### **What is spirit?**

- Definition - Matter that out of which, or from which, any being, existence, or entity is formed.
- Every material thing is made out of some material substance.
- That substance can be changed but not destroyed

**Spirit is a substance**, therefore every spiritual existence is formed from some spiritual substance

- Human beings are a spirit as to one part of their nature, and that part is formed of spiritual substances

Spirit is a substance, and has forms, qualities, modes, and established laws of existence relatively the same as matter.

- Spiritual substances bear the same relations to each, other that material substances do. They are solid, and fluid, and gas.

Spiritual objects are hard and soft, solid and fluid, cold and hot, light and heavy, rough and smooth, transparent and opaque, and of every conceivable form and colour and quality, that objects have in this world – and more

Spiritual substances have many qualities impossible to material objects, and they are altogether superior

- Spiritual world is similar to this in general appearance, though superior to it in every quality,

### **Where is that world?**

- It is here; and it is everywhere around and within the material universe.
- We are connected to the spiritual world now, though we are not conscious of it

Many instances are given in the bible of persons who saw it while they were still in this world,

- They must have seen with their spiritual eyes.
- For it requires a spiritual eye to see a spiritual object

The spiritual world is present in the material world, maintains it in existence, and operates all the changes in it.

- Heb 11:3 By faith we understand that the worlds were prepared by the word of God, so that what is seen was not made out of things which are visible.

- Heb 1:3 He upholds all things by the word of His power.

### **Why is the spirit so important?**

- Proverbs 20:27 The spirit of man is the lamp of the LORD, searching all the innermost parts of his being.

- 1 Cor 2:14 But a natural man does not accept the things of the Spirit of God, for they are foolishness to him; and he cannot understand them, because they are spiritually appraised. 15 But he who is spiritual appraises all things, 1 Cor 2:9 but just as it is written, "Things which eye has not seen and ear has not heard, And which have not entered the heart of man, All that God has prepared for those who love

Him.”<sup>10</sup> For to us God revealed them through the Spirit; for the Spirit searches all things, even the depths of God.

1 Cor 2:11 For who among men knows the thoughts of a man except the spirit of the man which is in him? Even so the thoughts of God no one knows except the Spirit of God. <sup>12</sup> Now we have received, not the spirit of the world, but the Spirit who is from God, so that we may know the things freely given to us by God

Our spirit has eyes, ears, emotions and has 8 senses or abilities or gateways

- Fear of God
- Reverence
- Prayer
- Faith
- Hope
- Revelation
- Intuition
- Worship

If we don't use any part of us it atrophies wastes away

- Physical exercise – muscles
- Brain exercises – synapses firing
- Spiritual exercise is needed for our spirit to grow strong
- Learn to build up and grow our spirit

Heb 5:14 But solid food is for the mature, who because of practice have their senses trained to discern good and evil.

- Training exercises
- Scaffolding needed to build a house
- Develop a spiritual lifestyle

### **How do we develop our spirit?**

- Fellowship spending time with Him in our spirit – absorption or osmosis sponge
- Speak, pray & sing in tongues
- Meditate on word of God
- Meditating visually - Beholding to become like Him

Wait on the Lord – Be still sense Him spiritually – know Him

- Developing our right brain
- Praise, worship & adoration
- Persevere
- Desire – Discipline – Delight
- Are you willing to cultivate desire?

### **The spirit has a language**

- Language is called speaking or praying in tongues
- It is the language of the Holy Spirit He communicates through us
- It is a spiritual gift
- It can be received through laying on of hands
- Tongues gateway gift

1 Cor 14:2 For one who speaks in a tongue does not speak to men but to God; for no one understands, but in his spirit he speaks mysteries. 4 One who speaks in a tongue edifies himself;

- Now I wish that you all spoke in tongues,
- 14 For if I pray in a tongue, my spirit prays, but my mind is unfruitful. 15 What is the outcome then? I will pray with the spirit and I will pray with the mind also; I will sing with the spirit and I will sing with the mind also.

Speaking with other tongues is designed to equip us from the inside out. It affects the part of us from which all permanent change comes — the human spirit.

- Tongues is an activation gift

1 Cor 14:1 Pursue love, yet desire earnestly spiritual gifts,

- 1 Cor 14: Eagerly pursue and seek to acquire [this] love [make it your aim, your great quest]; and earnestly desire and cultivate the spiritual gifts

- Focus is always on the giver and not the gift

- 1 Cor 13:1 If I speak with the tongues of men and of angels,

John 20:22 And when He had said this, He breathed on them and \*said to them, "Receive the Holy Spirit • Luke 24:49 And behold, I am sending forth the promise of My Father upon you; but you are to stay in the city until you are clothed with power from on high."

- Acts 1:5 but you will be baptized with the Holy Spirit not many days from now."

Act 2:1 When the day of Pentecost had come, they were all together in one place. 2 And suddenly there came from heaven a noise like a violent rushing wind, and it filled the whole house where they were sitting. 3 And there appeared to them tongues as of fire distributing themselves, and they rested on each one of them. 4 And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit was giving them utterance.