

# Preparing for Destiny

- Building up of the spirit
- Restoring & refining of the soul
- Spirit - Soul - Body
- Glory of God manifested on earth & beyond through sons of light

# Preparing for destiny - spirit building

- Give God first love, place, priority
- Pray & sing in tongues
- Wait on the Lord – Be still
- Meditate on word of God – Prov 4:20-23

Use visions, dreams, Imagination, meditation, words call things that aren't as if they are

# MIND

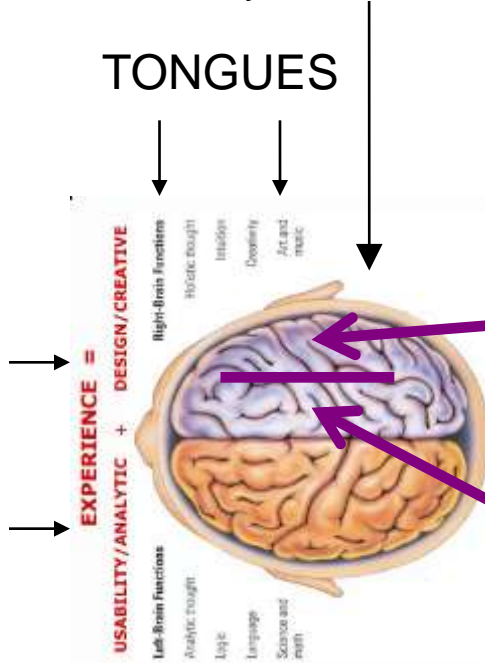
Hippocampus is a shredding machine for irrelevant information  
100 billion instructions /sec

Experiences are forgotten if they are not used  
Use it or lose it

Natural

## TONGUES

- See
- Smell
- Hear
- Taste
- Touch



R E P L E T I V E  
 V A L U E  
 M E D I T A T I O N  
 P O R Y  
 A N K S  
 H I P P O C A M P U S

Word  
 Meditation  
 Doors  
 Visions  
 Experience  
 Pictures  
 Visions  
 Encounters  
 Word  
 Anchor

Write  
 Meditate  
 Confession  
 Review  
 Repetition  
 Agreement  
 Revisit

Synapses  
 Close  
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Spiritual

We all see spiritual realms most have no reference points or anchor so all info gets shredded

Trauma forms instant neural pathways  
Or forms pathways around the memories to block them

Words become doorways to spiritual experiences  
Words become anchors of experiences to keep doors open

# Preparing for destiny - Meditation

- Heb 4:12 For the word of God is living and active
- Word becomes doorway to encounters
- Experiences, visions, pictures, revelation
- Write, Review & revisit – value it
- Word becomes an anchor for our experiences and a platform for further experiences

# Preparing for destiny - Meditation

- 3 stages of experiences
- Visions – snap shot pictures or moving pictures in the 3<sup>rd</sup> person
- Visitations – 1<sup>st</sup> person may involve trances or even translations
- Habitations living in the dual realms of heaven & earth simultaneously
- John 3:<sup>13</sup> No one has ascended to heaven but He who came down from heaven, *that is*, the Son of Man who is in heaven. (dwells has His home)

# Preparing for Destiny - Meditation

- Meditation means “the act of focusing one’s thoughts: to ponder, think on, muse.” reflect, contemplate, babble, mutter, imagine
- Some synonyms would be contemplation, reflection, rumination, deep thinking, or remembering in the sense of keeping or calling something to mind for the purpose of consideration, reflection, or meditation.

# Preparing for Destiny - Meditation

- To murmur; to converse with oneself, and hence aloud; speak; talk; communication; mutter; babbling; pray; musical notation; imagine.
- Turns logos written word into the Rhema spoken word
- Head knowledge to personal experience
- Enables hearing the voice of God

# Preparing for Destiny - Meditation

- Joshua 1:8 This book of the law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it; for then you will make your way prosperous, and then you will have success.



# Preparing for Destiny - Meditation

- Prov 4:20 My son, give attention to my words; Incline your ear to my sayings. 21 Do not let them depart from your sight; Keep them in the midst of your heart. 22 For they are life to those who find them And health to all their body 23 Watch over your heart with all diligence, For from it flow the springs of life.

# Preparing for Destiny - Meditation

- Psa 119:11 Your word I have treasured in my heart, That I may not sin against You.
- 15 I will meditate on Your precepts
- 23 Your servant meditates on Your statutes
- 27 So I will meditate on Your wonders
- 99 For Your testimonies are my meditation
- 148 I may meditate on Your word

# Preparing for Destiny - Meditation

- Psalm 63:6 When I remember You on my bed, I meditate on You in the night watches,
- Psalm 77:11 I shall remember the deeds of the LORD; Surely I will remember Your wonders of old.
- Psalm 143:5 I remember the days of old; I meditate on all Your doings; I muse on the work of Your hands.

# Preparing for Destiny - Meditation

- Logos word of God reveals God's nature, character, safeguards truth, becomes our standard or plumb line
- Psa 119:1-40 word, ways, testimonies, judgments, law, precepts, statutes, ordinances, commandments, wonders
- Beholding & becoming
- 2 Cor 3:18 beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory

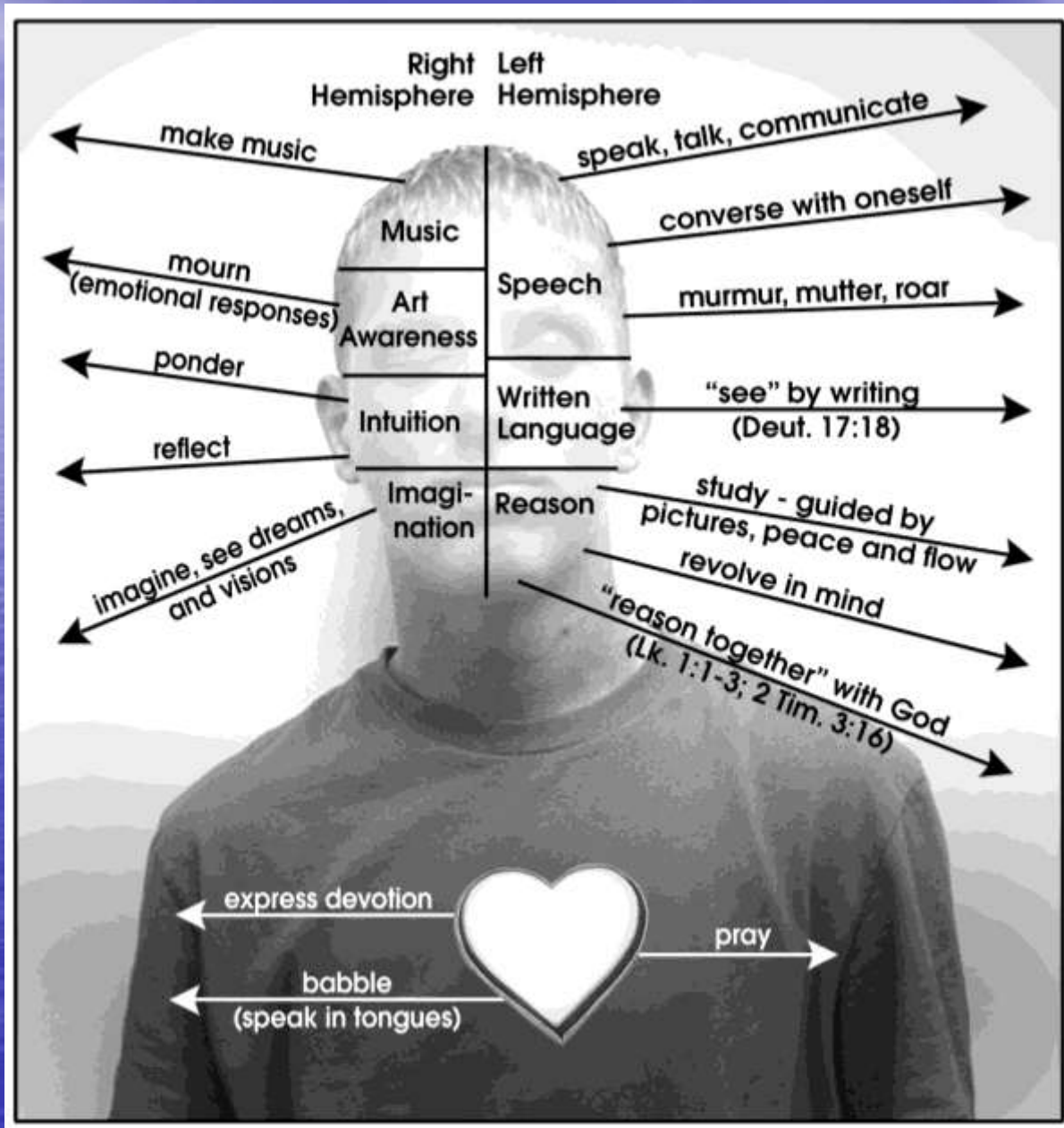
# Preparing for Destiny - Meditation

- Rhema word of God speaks truth into our spirits, hearts
- We respond to word in obedience
- We act on the word & live it out
- Psa 119:1-40 walk, observe, seek, look, treasure, tell, rejoice, meditate, establish, delight, live, long for, cling, run, incline, reverence, give thanks

# Preparing for Destiny - Meditation

- God responds to our living faith in His word
- Psa 119:1-40 bless, ordain, teach, open eyes, rebuke our enemies, take away reproach, revives us, answers us, strengthens us, grants us, enlarges our hearts, gives us understanding, deals bountifully with us

# Preparing for Destiny - Meditation



# Preparing for Destiny - Meditation

- Lord cleanse & prepare my heart
- Lord give me a teachable attitude
- Lord I surrender my senses to You
- Lord open the eyes of my heart
- Lord I present my abilities to reason & imagine to You to fill & flow through
- Lord I focus my attention on what You show me
- Lord I thank You for what you have revealed to me



# Preparing for Destiny - Meditation

- Seed of testimony – encounter, vision, victory, revelation, word
- Plant it in your garden of our heart
- Water it from the river of life
- Speak life to it, command it to grow
- Grows into a tree/plant with fruit
- Eat fruit release power of the testimony again & again

# Preparing for Destiny - Meditation

- Eph 1:16-19      Eyes of our heart
- 1 Cor 2:9-15      Spirit revelation
- Rev 3:20      Jesus knocking on the door
- Psa 23      Fellowship within
- Gal 2:20      Christ living in us
- Rev 4:1-2      Heaven's door open
- Psa 24      Heads lifted up as gates
- Zech 3:1-7      Courts of heaven

# Preparing for Destiny- Practice

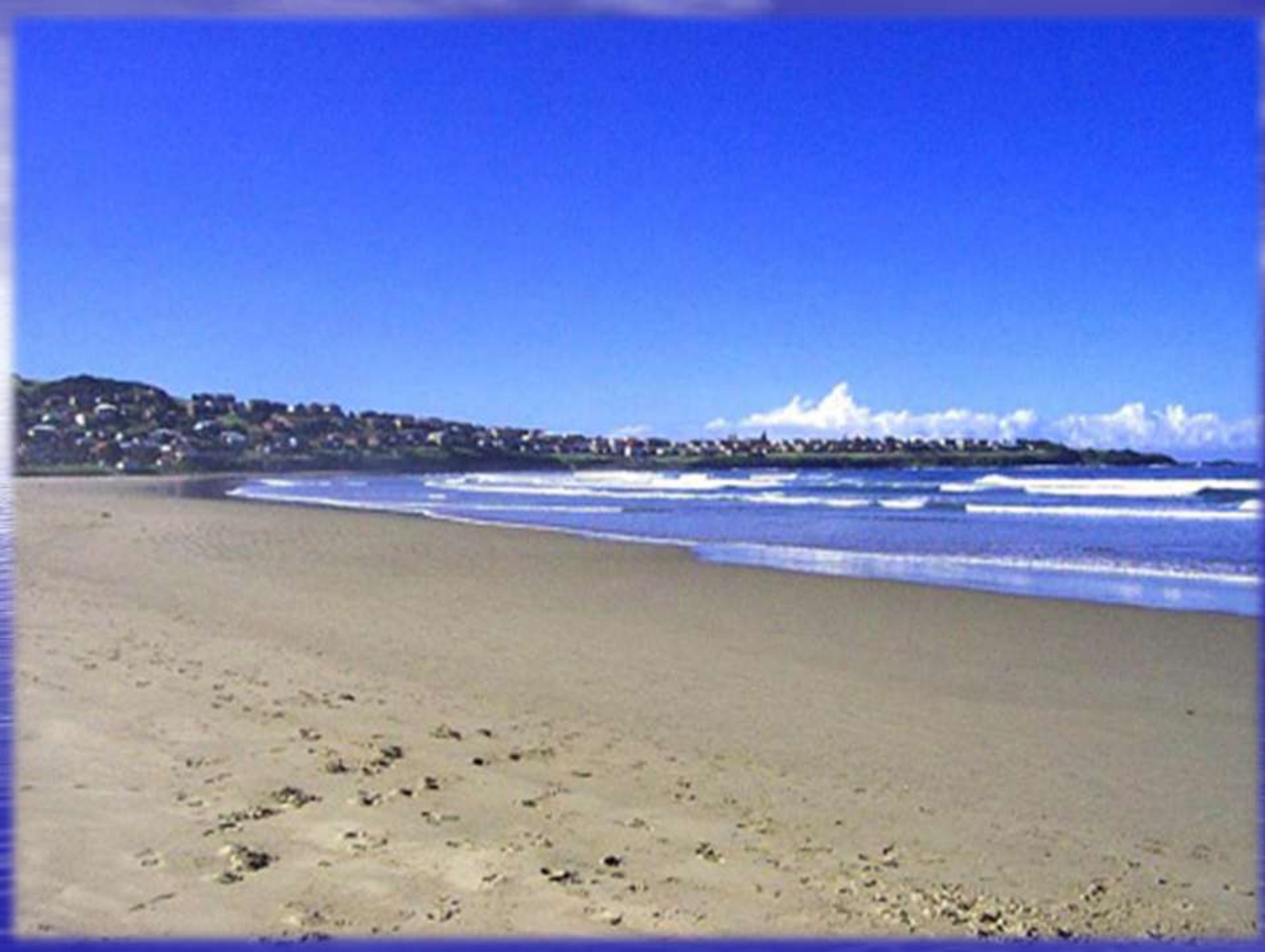
- Heb 5:14 But solid food is for the mature, who because of practice have their senses trained to discern good and evil. (spirit & soul)

# Preparing for Destiny - Meditation

- Activate your imagination
- Close your eyes Picture your front door
- Picture a door you reaching for the handle
- Picture a door with light around it
- Close eyes picture a beach
- Picture the sea shore

# Preparing for Destiny - Meditation

- Snap shot image
- Impression
- Knowing
- Feelings
- Full Hollywood production
- All equally valid communication



# Preparing for Destiny - Meditation

- Pray in tongues 1 minutes
- Pray in tongues & read Psa 23 in head
- Eyes close listen to Psa 23
- Pray in tongues picture Psa 23

# Preparing for Destiny - Meditation

- Psa 23:<sup>1</sup> The LORD is my shepherd, I shall not want. <sup>2</sup> He makes me lie down in green pastures; He leads me beside quiet waters. <sup>3</sup> He restores my soul; He guides me in the paths of righteousness For His name's sake.