

# Heavenly Encounters - Preparing

- Prepare our hearts - transformation
- Prepare our spirits – building
- Train, exercise, workout, practice, repetition
- Desire – discipline - delight

# Heavenly Encounters - Preparing

- Give God first love, place, priority
- Pray & sing in tongues
- Wait on the Lord – Be still
- Meditate on word of God
- Praise & adoration - soak
- Pray & Ask, Seek, Knock
- Confess & Declare the truth, call things
- Persevere

# Heavenly Encounters - Preparing

- Mark 12:30 and you shall love the Lord your God with **all your heart**, and with **all your soul**, and with **all your mind**, and with **all your strength**.'
- Jer 29:13 'You will seek Me and find Me when you search for Me with **all your heart**.
- Prov 3:5 Trust in the LORD with **all your heart** And do not lean on your own understanding.
- Luke 9:23 And He was saying to *them* all, "If anyone wishes to come after Me, **he must deny himself, and take up his cross daily and follow Me**.

# Heavenly Encounters - Preparing

- 1 Cor 14:1 Pursue love, yet **desire earnestly** spiritual gifts
- 1 Cor 14:5 Now I wish that you all spoke in tongues, 18 I thank God, **I speak in tongues** more than you all;
- 1 Cor 14:4 One who speaks in a tongue **edifies himself**; 14 For if I pray in a tongue, my **spirit prays**, but my mind is unfruitful.
- Jude 1:20 But you, beloved, **building yourselves up** on your most holy faith, praying in the Holy Spirit
- 1 Cor 6:17 Becoming one spirit

# Preparing for destiny - spirit building

- Tongues in meditation & bible reading
- Tongues in ministry
- Tongues for revelation & direction
- Tongues to keep connected to God inside
- Tongues keeps spirit life, living water flowing
- Pray in tongues out loud
- Pray in tongues in the mind
- Pray in tongues from the spirit



# Heavenly Encounters - Preparing

- Isa 40:31 But those who **wait on the Lord** shall change and renew their strength and power;
- Psa 46:10 Be still, and know that I am God
- Psa 46:10 Cease striving, Let be and be still and know that I am God;

# Heavenly Encounters - Preparing

- 2 Cor 3:18 But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as from the Lord, the Spirit.
- Beholding & becoming
- Fix your eyes of Jesus
- Heb 12:2 fixing our eyes on Jesus, the author and perfecter of faith

# Heavenly Encounters - Preparing

- Beholding & becoming
- Focus on problems they look bigger
- Focus on the solution problems look smaller
- Luke 1:37 For nothing will be impossible with God
- Phil 4:13 I can do all things through Him who strengthens me.



# Heavenly Encounters - Preparing

- Physical calm Heb 4:9-11
- Focused attention Heb 12:1-2
- Letting be Phil 4:6-7
- Receptivity John 15:4-5
- Spontaneous Flow John 7:37-38

# Heavenly Encounters - Preparing

- Physical calm
- Heb 4:9 So there remains a Sabbath **rest** for the people of God. 10 For the one who has **entered His rest** has himself also **rested from his works**, as God did from His. 11 Therefore let us be **diligent to enter that rest**

# Preparing for destiny - spirit building

- Focused attention
- Heb 12:1 Therefore, since we have so great a cloud of witnesses surrounding us, let us also **lay aside every encumbrance and the sin which so easily entangles us**, and let us run with endurance the race that is set before us, **fixing our eyes on Jesus**, the author and perfecter of faith, who for the joy set before Him **endured the cross**, despising the shame, and has sat down at the right hand of the throne of God.

# Heavenly Encounters - Preparing

- Letting be - letting go
- Phil 4:6 Be anxious for **nothing**, but in **everything** by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the **peace** of God, which surpasses all comprehension, will **guard your hearts and your minds** in Christ Jesus.

# Heavenly Encounters - Preparing

- Receptivity
- John 15:4 **Abide in Me, and I in you.** As the branch cannot bear fruit of itself unless it abides in the vine, so neither *can* you unless you **abide in Me.** 5 I am the vine, you are the **branches**; he who abides in Me and I in him, he **bears much fruit**, for apart from Me you can do nothing.



# Heavenly Encounters - Preparing

- Spontaneous Flow
- John 7:38 He who believes in Me, as the Scripture said, 'From his innermost being will flow rivers of living water.'

# Heavenly Encounters - Preparing

- Quieten your mind
- Focus attention on Jesus
- Worship & adore Him
- Wait in a position to listen & receive  
not give
- Soak

# Heavenly Encounters - Preparing

- Heb 4:12 For the word of God is living and active
- Prov 4:20 My son, **give attention** to my words; **Incline your ear** to my sayings. 21 Do not let them depart from **your sight**; Keep them in the **midst of your heart**. 22 For they are life to those who find them And health to all their body 23 Watch over your heart with all diligence, For from it flow the springs of life.

Natural

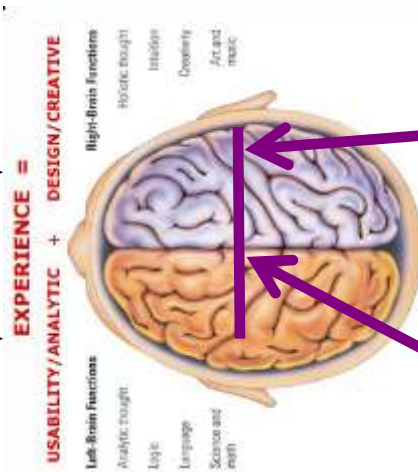
- See
- Smell
- Hear
- Taste
- Touch

Trauma forms instant neural pathways  
Or forms pathways around the memories to block them

# MIND

Hippocampus is a shredding machine for irrelevant information  
100 billion instructions /sec

Experiences are forgotten if they are not used  
Use it or lose it



REPLETIVE  
REVISIT

H  
I  
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C  
A  
M  
P  
U  
S

Words  
Thoughts  
Doors  
Visions  
Anchors  
Anchor  
Pictures  
Meditations  
Imaginations  
Words

Write  
Meditate  
Review  
Repetition  
Revisit

Synapses  
Close & Form  
Neural Pathways  
Links to Memories

S  
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T

Spiritual  
We all see spiritual realms most have no reference points or anchor so all info gets shredded

TONGUES  
Use visions, dreams, imagination, meditation, words call things that aren't as if they are

Words become doorways to spiritual experiences  
Words become anchors of experiences to keep doors open

# MIND

Natural

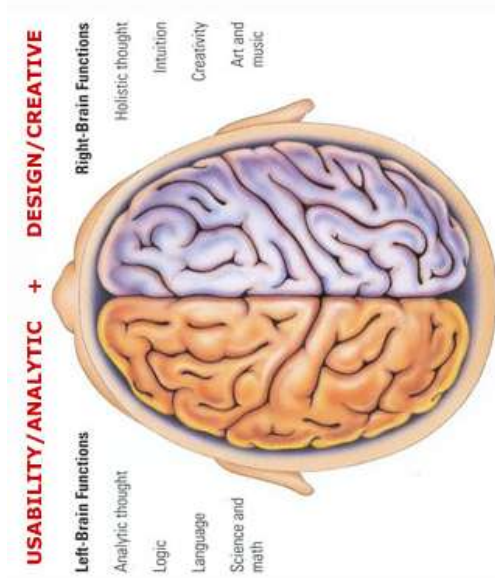
NON-VERBAL

See  
Smell  
Hear  
Taste  
Touch

FILTERS

Spiritual

Trauma forms instant neural pathways



REPETITION

HIPPOCAMPUS

MEMORY BANKS

Hippocampus is a Storage machine & shreds irrelevant information 100 billion instructions /sec

Confession  
Agreement  
Repetition

Form new neural pathways

Synapses Close & Form Neural Pathways  
Links to Memories

Break old neural pathways

Prayer Ministry  
Deliverance  
Blood of Jesus

DEMONS  
AUTOMATIC RESPONSES  
DEFENSIVE MECHANISMS  
BEHAVIOUR PATTERNS

Or Trauma forms pathways around the memories to block them

Forgiveness  
Repentance  
Renunciation



# MIND

Truth Meditation  
Truth Visualisation

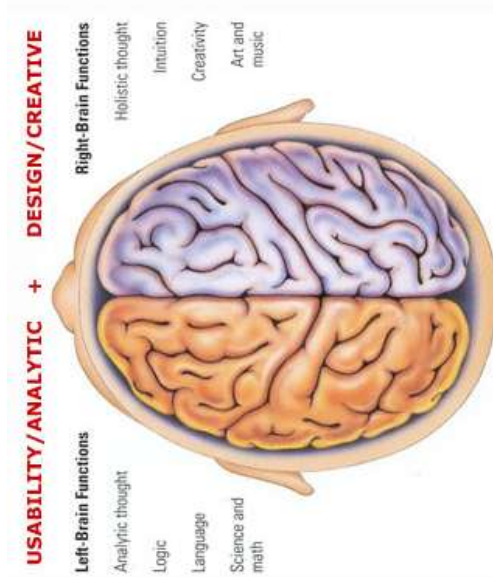
Hippocampus is a  
Storage machine &  
shreds irrelevant  
information  
100 billion  
instructions /sec

Natural

ACCEPTANCE

See  
Smell  
Hear  
Taste  
Touch  
Spiritual

CONSCIENCE



REPETITION

HIPPOCAMPUS

MEMORY BANKS

Confession  
Agreement  
Repetition

Form new neural pathways  
Synapses Close & Form Neural Pathways  
Links to Memories

Truth Confessions  
Tongues

ACCEPTED  
LOVED  
AFFIRMED

LED BY THE SPIRIT

WALKING IN LIGHT

# Heavenly Encounters - Preparing

- Heb 4:12 For the word of God is living and active
- Meditate on it in 2D to experience it in 3D. A picture paints a 1000 words
- Experiences, visions, pictures, revelation
- Write, Review & revisit – value it
- Consumer of the word to a producer of the word
- Tomato from supermarket
- Grow tomatoes – soil, seed, support, flowers, prune, feed, water, sun, shelter

# Heavenly Encounters - Preparing

- Some experiences heaven not in word ( greater works of Jesus)
- Use word to plumb line experience to the principles of God's nature & character
- Word then becomes a starting point for future experience
- Word is a doorway to heavenly encounters
- Word is an anchor & platform for more heavenly experiences

# Heavenly Encounters - Preparing

- 3 memory storage systems – neurones
- Brain in our skull conscious memory
- Heart – Sub-conscious memory
- Gut – Instinctive memory
- Nervous system connects our body
- Brain Left & Right
- Right side is intuitive, creative, visionary

# Heavenly Encounters - Preparing

- Imagination can play back our external experiences
- Imagination can receive images from your soul – subconscious on mind and from our spirit
- Imagination is the Screen where God can project vision & is our spiritual perception
- Learn to let spirit projections rule over soul projections to get a flow of revelation from God that we can follow



# Heavenly Encounters - Preparing

- Meditation means “the act of focusing one’s thoughts: to ponder, think on, muse.” reflect, contemplate, babble, mutter, imagine
- Some synonyms would be contemplation, reflection, rumination, deep thinking, or remembering in the sense of keeping or calling something to mind for the purpose of consideration, reflection, or meditation.

# Heavenly Encounters - Preparing

- To murmur; to converse with oneself, and hence aloud; speak; talk; communication; mutter; babbling; pray; musical notation; imagine.
- Turns logos written word into the Rhema spoken word
- Head knowledge to personal experience
- Enables communication with God
- Seeing, hearing, feeling, impressions

# Heavenly Encounters - Preparing

- Joshua 1:8 This book of the law shall not depart from your mouth, but you shall **meditate** on it day and night, so that you may be **careful to do** according to all that is written in it; for then you will make your way **prosperous**, and then you will have **success**.

# Heavenly Encounters - Preparing

- Prov 4:20 My son, **give attention** to my words; **Incline your ear** to my sayings. 21 Do not let them depart from **your sight**; Keep them in the **midst of your heart**. 22 For they are life to those who find them And **health to all their body** 23 Watch over your **heart** with all diligence, For from it flow the **springs of life**.

# Heavenly Encounters - Preparing

- Psa 119:11 Your **word** I have **treasured in my heart**, That I may not sin against You.
- 15 I will meditate on Your **precepts**
- 23 Your servant meditates on Your **statutes**
- 27 So I will meditate on Your **wonders**
- 99 For Your **testimonies** are my meditation
- 148 I may meditate on Your **word**



# Heavenly Encounters - Preparing

- Psalm 63:6 When I **remember You** on my bed, I **meditate on You** in the night watches,
- Psalm 77:11 I shall **remember the deeds** of the LORD; Surely I will **remember Your wonders** of old.
- Psalm 143:5 I **remember** the days of old; I **meditate on all Your doings**; I **muse** on the **work of Your hands**.

# Heavenly Encounters - Preparing

- Logos word of God reveals God's nature, character, safeguards truth, becomes our standard or plumb line
- Psa 119:1-40 word, ways, testimonies, judgments, law, precepts, statutes, ordinances, commandments, wonders
- Beholding & becoming
- 2 Cor 3:18 beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory

# Heavenly Encounters - Preparing

- Rhema word of God speaks truth into our spirits, hearts
- We respond to the word in obedience
- We act on the word & live it out
- Psa 119:1-40 walk, observe, seek, look, treasure, tell, rejoice, meditate, establish, delight, live, long for, cling, run, incline, reverence, give thanks

# Heavenly Encounters - Preparing

- God responds to our living faith in His word
- Psa 119:1-40 bless, ordain, teach, open eyes, rebuke our enemies, take away reproach, revives us, answers us, strengthens us, grants us, enlarges our hearts, gives us understanding, deals bountifully with us



# Heavenly Encounters - Preparing

