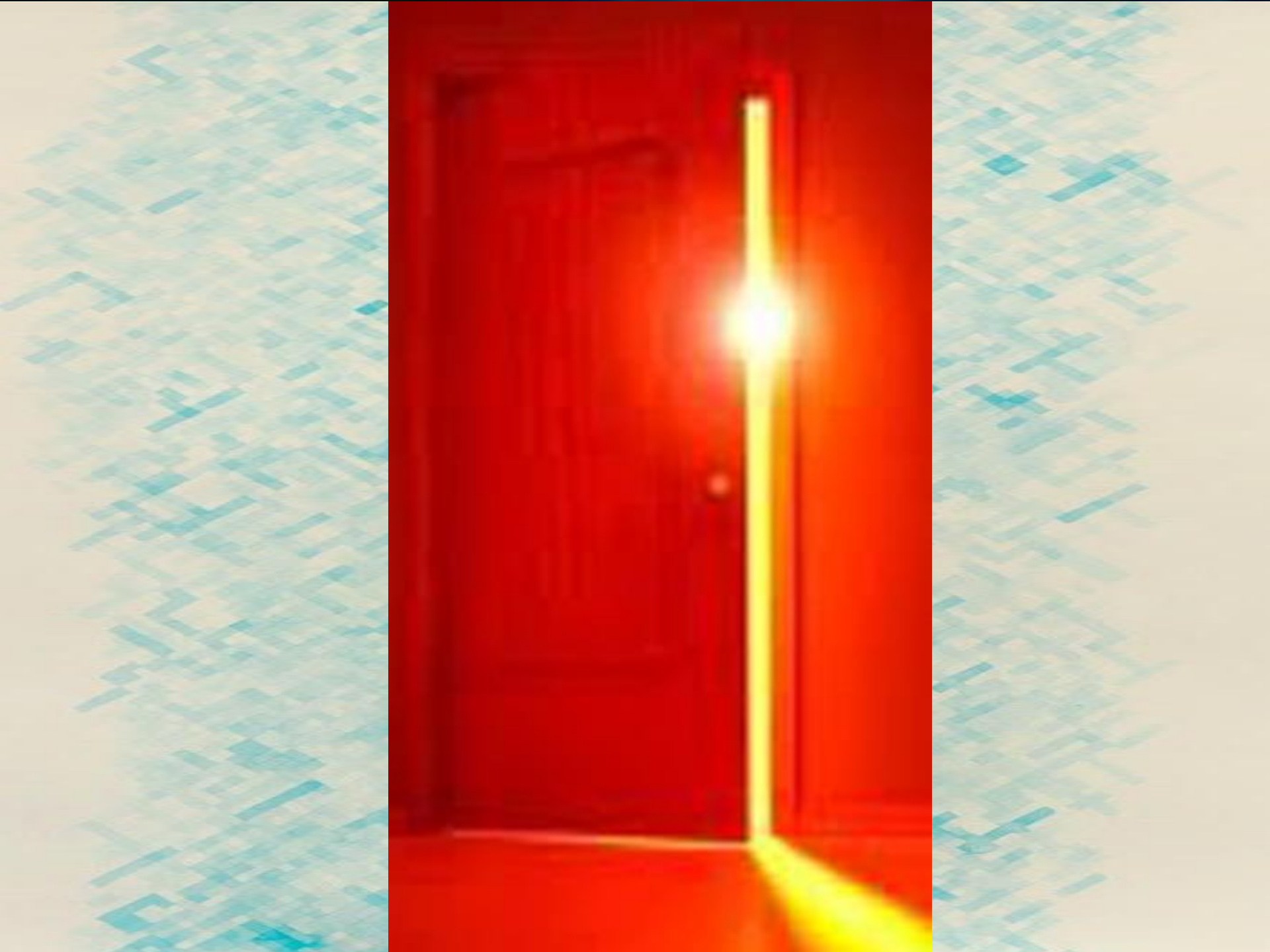


Engaging God Seat of Rest

- Who is on the throne of your life
- Who is in charge of your life







Engaging God Seat of Rest



Engaging God Seat of Rest

- Close your eyes
- Begin to think about that door of first love
- Activate your imagination as the doorway to encounter
- Picture the door reach out and open the door
- Picture the seat of rest the throne

Engaging God Seat of Rest

- Father I thank you that you live in me
- I ask you to forgive me for doing things in my own strength.
- I repent of providing for and protecting myself;
- I repent of finding significance in achievements and trying to create my own self image;
- I repent of comparing myself with others.

Engaging God Seat of Rest

- I repent of trying to be somebody else and trying to meet others' expectations;
- I repent of wearing masks of pretence to cover up my inadequacies
- I repent of trying to be good and righteous using dead works to try to please You and others;
- I repent for trying to make amends for my past to cover my own sin

Engaging God Seat of Rest

- I repent for trying to maintain control of my life.
- Today Jesus I choose to hand responsibility for my life over to You.
- I cast all my burdens onto you and hand over responsibility for my family, finances and future to You

Engaging God Seat of Rest

- I cast all my sin, guilt, shame and condemnation onto You
- I cast all my sorrows, grief, disappointments, worry, anxiety and fear onto You.
- I cast all my debts onto You;
- I cast all the weight of expectation onto you;
- I surrender control of my life to You.

Engaging God Seat of Rest

- Jesus I choose to step off the throne of my life
- Jesus I invite you to be Lord of my life
- I ask you to take your place on the seat of rest in my spirit
- Now, Lord, choose to live at rest in this earthly dimension, receiving Your rest to live continually in the eye of the storm.
- I choose to live from the seat of rest.



Engaging God Seat of Rest

- I now step into You on my throne
- I now draw near to Your throne of grace
- I sit on your lap and rest my head on your chest
- I share all my needs with you as I rest on your throne of grace



Engaging God Seat of Rest

- Choose to take your hands off all the problems
- Listen to the rhythm of His heart
- Feel the total rest and complete peace of being with Him
- As you rest He begins to work releasing His grace and mercy and help

