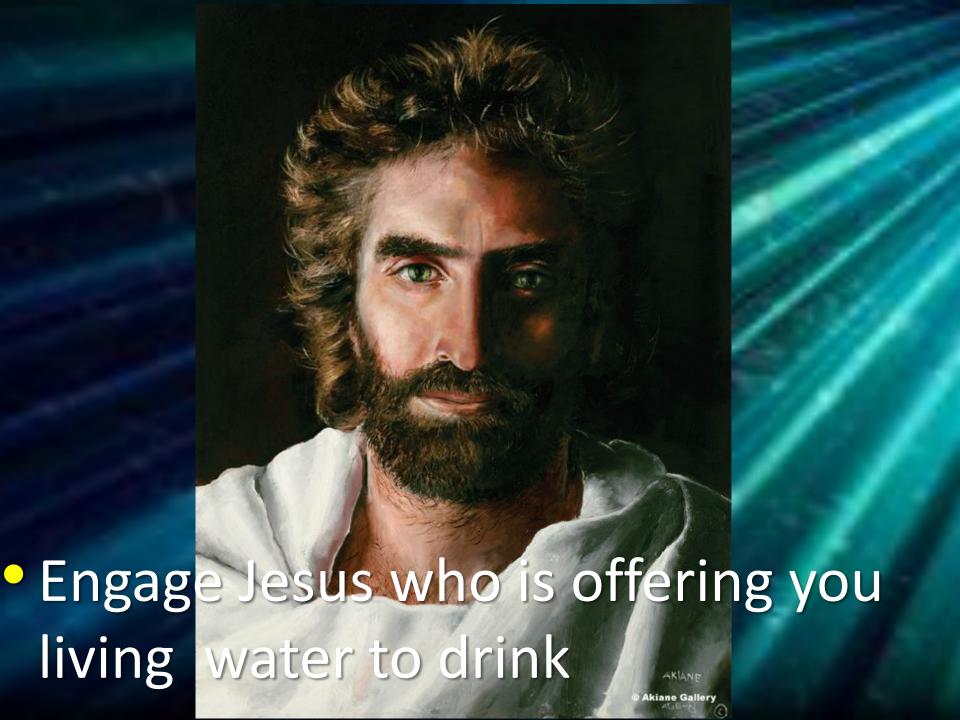
- Open ourselves to God
- Choose to embrace first love
- Choose to give ourselves to Him to renew the nature of our reality
- Choose to engage Him in intimacy and relationship
- Choose to drink that living water flowing from Jesus now





- Drink that living water feel His life filling you
- Keep drinking let it become a fountain within your spirit
- Let it energise you
- Let it cleanse you and wash you from the inside out

- Feel His forgiveness washing away all your sin, guilt, shame, condemnation
- Feel new life filling you with joy, peace and love
- You are a new creation the old is washed away and the new has come
- That water is now within you as a fountain of life flowing from heaven











- Begin to picture that fountain of living water flow in your spirit
- Engage the river ankle deep lie in it drink from it
- Feel the light energy the vibrational frequency energising you.
- Feel your cells being restored, renewed repaired

- See the well and fountain of salvation
- Drink in His presence
- Feel the presence of peace let that peace rest on you and surround you
- Feel His joy fill you let that joy bubble up in you like a fountain springing up to effervescent abundant overflowing wellbeing and joy



