

Base Camp Introduction

- Welcome to Base Camp
- Now we begin the spirit building exercises that will activate our senses to engage the God and the realms of the spirit
- Remember it is a journey not a race so rushing through the material will not be beneficial

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- Remember that these exercises to train our spirit are like the scaffolding used to erect a house. It is only needed during the building process
- Once you have built the house then you have to live in it.
- Practicing these basic exercises should continue until they are part of your lifestyle

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- Work through the 7 spirit sessions in order
- Don't progress to the next session until the last is functioning in your life
- Each session builds on the last and uses progressive revelation to activate the different senses
- This may be very basic to some of you but remember that we are training to mentor others

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- Tongues to build your spiritual muscles in the mediation process
- Tuning your thoughts to hear the voice of God in intimacy by meditating
- Using the word of God as a doorway through meditation
- Opening the eyes of our hearts to engaging the word of God and the realms of heaven
- Opening the eyes of our spirit to see into the realms of the spirit

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- Remember the key to engagement and activation is practice, practice, practice
- Heb 5:14 But solid food is for the mature, who because of practice have their senses trained to discern good and evil.
- Don't give up and don't get discouraged
- If I can take the journey from the left side to the right side of the brain then anyone can

Base Camp Introduction

- This is not about seeking after spiritual experiences but after intimate relationship with Father, Son and Holy Spirit
- Keep Knocking and the door will be opened to you
- Keep asking and you be given the answers
- Keep seeking and you will find the desires of your heart

Heb 12:1 Keep your fixed on Jesus who is the author and completer of our faith

